**Physical and Health Education – MYP Year 3**

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| **Level** | **Criterion A:**  **Knowing and Understanding** | **Criterion B:**  **Planning for Performance** | **Criterion C:**  Applying **and Performing** | **Criterion D:**  **Reflecting and Improving Performance** |
| **0** | The student does not reach a standard described by any of the descriptors below | The student does not reach a standard described by any of the descriptors below | The student does not reach a standard described by any of the descriptors below | The student does not reach a standard described by any of the descriptors below |
| **1-2** | The student: | The student: | The student: | The student: |
| i. **recalls** physical and health education factual, procedural, and conceptual knowledge | i. **outlines** aplan for improving health or physical activity | i. **recalls** and **applies** skills and techniques with limited success | i. **identifies** strategies to enhance interpersonal skills |
| ii. **identifies** physical and health education knowledge to **outline** issues **and suggest** solutions to problems set in familiar situations | ii. **states** the effectiveness of a plan based on the outcome | ii. **recalls** and **applies** strategies and movement concepts with limited success | ii. **lists** goals to enhance performance |
| iii. **applies** physical and health terminology to communicate understanding **with limited success** | iii. **recalls** and **applies** information to perform | iii. **summarize** performance |
| **3-4** | The student: | The student: | The student: | The student: |
| i. **states** physical health education factual, procedural, and conceptual knowledge | i. **constructs and** **outlines** aplan for improving physical performance and health | i. **demonstrates** and **applies** skills and techniques with limited success | i. **identifies** and **demonstrates** strategies that enhance interpersonal skills |
| ii. **identifies** physical and health education knowledge to **describe** issues and **to solve** problems set in familiar situations | ii. **outlines** the effectiveness of a plan based on the outcome | ii. **demonstrates** and **applies** strategies and movement concepts **with limited success** | ii. **identifies** goals to enhance performance |
| iii. **applies** physical and health terminology to communicate understanding | iii. **identifies** and **applies** information to perform | iii. **outlines** and **summarizes** performance |
| **5-6** | The student: | The student: | The student: | The student: |
| i. **outlines** physical health education factual, procedural, and conceptual knowledge | i. **constructs and explains** aplan for improving physical performance and health | i. **demonstrates** and **applies** skills and techniques | i. **outlines and demonstrates** strategies that enhance interpersonal skills |
| ii. **applies** physical and health education knowledge to **describe** issues and **solve** problems set in **unfamiliar situations** | ii. **describes** the effectiveness of a plan based on the outcome | ii. **demonstrates** and **applies** strategies and movement concepts | ii. **identifies** goals and **demonstrates** strategies to enhance performance |
| iii. **applies** physical and health terminology **consistently** to communicate understanding | iii. **identifies** and **applies** information to perform **effectively** | iii. **outlines** and **evaluates** performance |
| **7-8** | The student: | The student: | The student: | The student: |
| i. **describes** physical health education factual, procedural, and conceptual knowledge | i. **designs** and **explains** aplan for improving physical performance and health | i. **demonstrates** and **applies a range** of skills and techniques | i. **describes** and **demonstrates** strategies that enhance interpersonal skills |
| ii. **applies** physical and health education knowledge to **explain** issuesand **solve** problems set in **familiar and unfamiliar situations** | ii. **explains** the effectiveness of a plan based on the outcome | ii. **demonstrates** and **applies a range** of strategies and movement concepts | ii. **outlines** goals and **applies** strategies to enhance performance |
| iii. **applies** physical and health terminology **consistently** and **effectively** to communicate understanding | iii. **outlines** and **applies** information to perform **effectively** | iii. **explains** and **evaluates** performance |